



WESTERN DISTRICT CAMPING MINISTRIES COMMITTEE

Health Information & Activities Permission Form

Camper/Staff Name: _____ **Camp Session:** _____

Personal Information:

Camper/Staff Address _____ Camper/Staff Date of Birth _____

Parent/Guardian Name : _____ Phone: Day _____ Cell _____

(Or Emergency Contact #1 for Staff)

Other Emergency Contact: _____ Phone: _____

Camper's Personal Insurance Information:

Carrier/Plan Name _____ Group # _____
Insured Name: _____ SS# or Ins ID # _____
Carrier Address _____

Authorizations/Permissions (please check):

I hereby give permission to the health professional selected by the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment including ordering x-rays or routine tests. I agree to the release of any records necessary for insurance purposes. I give permission to the camp to arrange necessary related transportation for camper. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the camper/staff named above. I understand the information on this form will be shared on a "need to know" basis with camp staff.

The camper/staff has permission to leave camp property with authorized camp personnel to participate in off-site activities such as canoeing, caving, hiking, overnight camping. In addition, this form may be copied for such trips.

This camper/staff can participate in all programs and activities of the camp without restrictions

Allergy Information:

Does camper/staff have allergies? ___yes ___no?
If yes, please list all allergies (food, medicine, asthma, bees stings, etc...): _____

___ Camper/staff has never been stung by a bee, so we are unsure if he/she is allergic.

Please describe any restrictions (dietary, no running, no swimming, etc...) _____
Or other information you feel to be important. _____

Medication: This camper/staff will not take any daily medication while attending camp.

If your camper/staff will be taking any type of medication, including vitamins & natural remedies:

- be sure camper name, medication name & how medication is to be given is clearly marked on container(s).
- bring prescription medicines in the original pharmacy containers with directions & dosage label.
- please bring only the amount of each medication the camper will need at camp.
- fill out medication form below.

Name of Medication	Reason for taking	Dosage	How given	When is it given				
				Breakfast	Lunch	Dinner	Bedtime	Other

Are there any medications that the camper/staff member should NOT be given? This includes any pain relievers, cough medicines, aloe, antihistamines, antibiotic cream, band-aids, etc... **Please list all that apply.**

I certify that my child/I is/am up-to-date on all required immunizations. I relieve the camping facility of any responsibility for issues which may arise should this information be false. Please attach a copy of your child's or the staff member's immunization records. Make sure that this includes your child's or your(staff) last tetanus shot.

General Health History: Please circle the answer to these questions and explain any "yes" answers in the space below:

- | | | | | |
|---|--------|--|-----|----|
| Has/does the camper/staff: | | have fainting or dizziness?..... | yes | no |
| ever been hospitalized?..... | yes no | passed out/had chest pain during exercise?..... | yes | no |
| ever had surgery?..... | yes no | had mononucleosis during the past 12 months?. | yes | no |
| have recurrent/chronic illnesses?..... | yes no | if female, have problems with menstruation?..... | yes | no |
| had a recent infectious disease?..... | yes no | have problems with falling asleep/sleepwalking? | yes | no |
| had a recent injury?..... | yes no | have back/joint problems?..... | yes | no |
| have asthma/wheezing/shortness of breath?.. | yes no | have bedwetting problems?..... | yes | no |
| have diabetes?..... | yes no | have problems with diarrhea/constipation?..... | yes | no |
| have headaches?..... | yes no | have skin problems?..... | yes | no |
| | | | | |
| ever been treated for attention deficit disorder (ADD) or attention deficit/hyperactivity disorder (AD/HD)?..... | | | yes | no |
| ever been treated for emotional or behavioral difficulties or an eating disorder?..... | | | yes | no |
| seen a professional to address mental/emotional health concerns in the past 12 months?..... | | | yes | no |
| had a significant life event that continues to affect the camper's life? (abuse, death of a loved one, family changes?) | | | yes | no |

Please explain any "yes" answers on the back of this sheet.

"This health history is correct and accurately reflects the health status of the camper/staff to whom it pertains."

Signature of Custodial Parent or Guardian of camper/Staff member

Date